

MEDICATIONS SAFE TO TAKE IN PREGNANCY

ALLERGIES:

Benadryl
Claritin (regular, not with decongestant)
Zyrtec

COLDS:

Cough: Delsym
Robitussion cough (or DM)
Vick's 44 cough

CONGESTION:

Mucinex
Robitussin

CONSTIPATION:

Milk of Magnesia
Magnesium Citrate

HEARTBURN/INDIGESTION:

Tums
Zantac
Pepsid

HEADACHE/PAIN RELIEF:

Tylenol

MOTION SICKNESS:

Dramamine

RASH/ITCHING:

Benadryl cream or Benadryl

SLEEP AID:

Unisom
Benadryl
Tylenol PM